



Hello Dennison Families,

We have officially kicked off Kids Heart Challenge with the American Heart Association at Dennison Elementary! Our students will be learning the importance of helping others while keeping their own hearts healthy. Today a representative from the American Heart Association visited our school to help us kick off Kids Heart Challenge with an exciting WARRIOR CHALLENGE presentation featuring our heart hero friends that remind us how to keep our hearts healthy.

We will be sending home information with your student, but we wanted to make it as easy as possible for the students that choose to participate.

To get started download the Kids Heart Challenge App ([App Store](#) for iPhone or [Google Play](#) for Android) or Visit www.heart.org/khc to join our school's team.

Meet this year's Heart Heroes: [2019-2020 HEART HERO INTRODUCTIONS!](#)

PLUS, This year our school is doing something really special for Kids Heart Challenge as the American Heart Association teams up with the Denver Nuggets. Any student who raises at least \$50 to help us save lives through downloading the Kids Heart Challenge app or on the KHC website will get discounted tickets to a **Denver Nuggets game (March 30th or April 3rd) and will get to shoot hoops on the court after the game for being lifesavers!** Also any student who raises at least \$150 by 1/28 will get a **HEART SQUISHY!!** Thank you for helping this important mission and also learning how you can keep your heart healthy too!

THE GRUB CLUB FOOD DRIVE – January 13th thru February 7th

Grub Club is a partnership between Jeffco Schools and the Jeffco Action Center to help feed Jeffco's homeless and emancipated teenagers. Grub Club is a biweekly program in which students receive boxes filled with three days' worth of food and personal hygiene products. We need YOUR help to fill the 1,600+ boxes needed for 2020.

WHAT: Dennison is collecting **OATMEAL PACKETS** and **MICROWAVABLE CUPS OF SOUP** (No cans as students won't have access to a can opener or a stove.)

WHEN: Please deliver your donation to the box in the front lobby by **February 7th**.

Any other items will also be accepted as a donation to other Jeffco Action Center programs.

Thanks for supporting your community!

1/16/2020